

STRUDWICK

BUILDING DEFENCEMEN



Jason Strudwick

Former NHL Defencemen

Presents

Main Summer Camp

Aug. 19 – 23, 2019

Southside Arena

Calling “Northsider’s” ...
Strudwick D-Man Camp for Atom & Peewees
Aug. 12-16, 2019 Castledowns Arena

With over 600 NHL Games and 17 years of Professional Hockey, I would like to share my extensive experience playing the position of defenceman. I talk with coaches from Atom to the NHL level. They all ask the same thing... Where can I find solid defencemen ? The speed of the players and the quickness of the game makes it the hardest position to play. I spent my entire career learning and creating ways to play the position. All players need to be aware of where they are on ice and how to protect themselves if being hit.

Quality Instruction On and Off Ice
With Jason Strudwick & his Trainers

The Spring Camp Fee is \$450.00 and includes:

- 5 hours on ice with Jason Strudwick
- 5 hours off ice training
- 1:7 Ice Instructor to Player Ratio
- Intermediate and Advanced Levels
- Atom to Midget players
- Strudwick D-Man T-Shirt and a Jersey !



Building D-Men, One Skill At A Time

For more information visit: ww.jasonstrudwick.com